

Mid-Year Population Estimates Scotland: Methodology Guide

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1. Introduction to population estimates

This paper describes the current methodology used by National Records of Scotland (NRS) to produce the annual mid-year population estimates, with reference to the mid 2023 population estimates based on the 2022 Census.

The most authoritative population estimates come from the census, which usually takes place every decade, the most recent being held in March 2022. Population estimates from the census are updated each year with elements of population change in the previous 12 months to produce the annual mid-year estimates. These are considered the official estimates of the Scottish population.

Coverage and availability of population estimates

The latest [Population Estimates](#) can be found on the NRS website. Population estimates for Scotland, council and NHS Board areas for a particular mid-year (as at 30 June) normally become available around 10 months after the reference date. These estimates are followed by:

- Small Area Population Estimates (SAPE) at data zone level. These are accompanied by population estimates for Electoral Wards, Scottish Parliamentary Constituencies, Westminster Parliamentary Constituencies, International Territorial Levels (ITL), Scottish Index of Multiple Deprivation deciles (SIMD), Urban/Rural classification categories, and Scottish Island Regions.
- Estimates of Special Populations: Mid-year population estimates for those aged 90 and over by sex, age and council area.
- Estimates of Special Populations: Population by Country of Birth and Nationality.

Published estimates split by sex for all ages are rounded to the nearest 10 at council area level to avoid implying spurious accuracy.

Datasets may be downloaded in Excel format. The data is also made available in open data format on the statistics.gov.scot website. Other data not published on the web are available on request, for example historic estimates.

Uses of population estimates

Mid-year population estimates currently have a wide variety of uses within central government, as well as being used by local authorities and health bodies, other public bodies, commercial companies and individuals in the private and academic sector.

These uses can be categorised into two broad groups:

- where the absolute numbers are of key importance. This may be in terms of allocating financial resources from central government, planning services or grossing up survey results. Some of the main central government uses are concerned with resource allocation, and
- where the population figures are compared with other figures such as the numbers of births or deaths in the calculation of rates and ratios.

Definition of the population

The population estimates for mid-2023 are based on the 2022 Census and relate to the usually resident population. In simple terms, this means that population estimates are estimates of people where they usually live. The usually resident population does not always coincide with the number of persons to be found in an area at a particular time of the day or year. For example, the daytime populations of cities and the summertime populations of holiday resorts will normally be larger than their usually resident populations.

The population base from the 2022 Census underpins the mid-year population estimates resident base and is defined as follows:

The 2022 Census was conducted on a resident basis. This means the statistics relate to where people usually live, as opposed to where they are on census night. Students and schoolchildren studying away from home are counted as resident at their term-time address. If a member of the armed forces did not have a permanent or family address at which they are usually resident, they were recorded as usually resident at their base address. As in 2001 and 2011, residents absent from home on census night were required to be included on the census form at their usual/resident address. Wholly absent households were legally required to complete a census form on their return.

For most people, defining where they 'usually' live for the purposes of the census is quite straightforward. However, for a minority of people the concept of 'usual residence' is more difficult and it may be difficult to apply a general rule to assign people to where they are 'usually' living. Groups included in this category may include:

- students;
- armed forces;
- prisoners;
- seasonal workers;
- contract workers and others who frequently move with their job;
- some people living in communal establishments;
- people sleeping rough;
- foreign students and au pairs;
- people with frequently used second homes in the UK or abroad;
- people who live and work away from a family home for part of the week;
- children who regularly move between their parents' homes;

- adults who live with a partner for part of the time but maintain a separate residence; and
- any other groups of people with more than one residence.

The usual residence for students and certain members of the armed forces is specifically referred to in the definition of resident population for the 2022 Census given above. For other groups, guidance was provided either on the [census form](#) or in the enumerators' instructions.

In general, the definitions used in the 2022 Census are carried through into the population estimates, mainly because the census is used as a base for the population estimates. However, although efforts are made to ensure comparability of definitions in intercensal data and sources used in the population estimates, sometimes it is not possible to obtain data using the same definition as used in the census.

For example, in the International Passenger Survey (IPS), which was previously used to estimate international migration, a person is defined as an in-migrant and therefore a resident if they are intending to stay in Scotland for at least 12 months. However, in the census, NRS made no specific adjustment for the presence of 6-12 months migrants among the persons counted in the census.

In practice, when compiling a population estimate, a number of data sources have to be used, each with its own definition of usual residence. These differences in definition are becoming increasingly important, and are the subject of constant research within by NRS and the Office for National Statistics (ONS).

2022 Census

Due to the impact of the COVID-19 pandemic, Scotland's census was moved to March 2022. NRS published the first census [results](#) in September 2023. More details on future census publications are available from the [Scotland's Census](#) website.

Other population products

National population projections

The ONS produces national population projections for the UK and on behalf of its constituent countries. The projections by age and sex are normally produced around every two years and the assumptions on which they are based are agreed in consultation with the statistical offices of England, Scotland, Wales and Northern Ireland. The primary purpose of the projections is to provide an indication of future population if current trends in fertility, mortality and migration continue into the future. They are used as a common framework for national planning in a number of different fields. Further information is available on the [Population Projections](#) section of the ONS website.

Sub-national population projections

Sub-national population projections for areas within Scotland are produced by NRS and give an indication of future trends in population by age and sex over the next 25 years.

They are trend-based projections, which means assumptions for future levels of births, deaths and migration are based on observed levels over the previous five years. They show what the population will be if recent trends in these continue and also show variant projections based on a range of plausible scenarios e.g. high migration, low fertility. The projections do not take into account any future changes that may occur as a result of policy initiatives, social or economic change. They are constrained at a national level by the national projections produced by ONS. Further information and data on [sub-national projections](#) is available on the NRS website.

Migration statistics

NRS produce mid-year to mid-year estimates of migration within Scotland, between Scotland and England, Wales and Northern Ireland, as well as international migration. More information is available in the [Migration section](#) of the NRS website.

Household estimates and projections

NRS produces estimates and projections of the numbers of households in Scotland. The household projections are based on the population projections and observed trends in household size. The latest household estimates and household projections can be found in the [Households section](#) of the NRS website.

Other outputs

NRS also produces a range of other outputs and more information can be found in the [Statistics section](#) of the NRS website.

2. Methodology for producing population estimates

Introduction

Population estimates for Scotland and its council and NHS Board areas are made using the cohort component method. This is a standard demographic method and is used by several other national statistics institutions that also have access to high quality data sources for the components of population change.

For example, this method is used by the ONS, Northern Ireland Statistics Agency (NISRA), the Australian Bureau of Statistics and by the US Bureau of the Census.

Mid-year population estimates for Scotland are made for the population resident on 30 June of the reference year. The starting point for the estimates is the resident population on 30 June in the previous year.

This population, by single year of age, is then aged on by one year (for example all three-year-olds become four-year-olds one year later). Those who have been born during the 12-month period prior to the mid-year point are then added on to the population and all those who have died during the 12-month period are removed according to their age, sex, and their usual place of residence.

The other factor to be taken into account in estimating the national population is the movement of people in and out of Scotland from the rest of the UK and international migration. Internal migration includes both cross-border moves between the four constituent countries of the UK, which affect the total population of Scotland, and moves between local areas within Scotland. Movements of people within Scotland, including changes in special populations (such as the Armed Forces and prison population) contribute to population change at council and NHS Board area level.

Migration is the most difficult part of the population estimate process to estimate precisely, as migratory moves are not registered in the UK, either at the national or local level. The best proxy data available on a nationally consistent basis are used to estimate migration. NRS, with the ONS, is continually researching ways of ensuring and improving the quality of the population estimates. This research includes analysis of possible new data sources that may become available.

Summary of recent changes

The table below provides a summary of recent method changes that have been made to the method for producing the mid-year population estimates. More details are provided on each improvement in the relevant section after the table.

Year change was implemented	Details
Mid-2023	<p>International migration estimates for the year ending June 2023 are using an updated method that better accounts for changes in emigration and travel behaviour of people who have moved to a new visa. More information can be found on the ONS Website.</p> <p>The rebasing of mid-year population estimates for the period 2011 to 2022 was published by NRS in June 2024. This rebasing was carried out by examining the difference between the population estimates rolled forward from Scotland’s Census 2011 for mid-2022, and the estimates based on Scotland’s Census 2022. We incorporated improved estimates of international migration over the period from 2012 to 2022 which rely more on administrative data, as well as using the 2011 and 2022 census to better account for outward migration of British nationals. More information on rebasing can be found on the NRS website.</p>
Mid-2022	<p>Estimate now based on Scotland’s Census 2022. This includes small changes due to further census data processing since September 2023</p> <p>Revised methods for producing migration estimates that rely more on observed activity in administrative data, and now includes Scotland and Council level data for Asylum Seekers and Refugees.</p>

	<p>Adjustments to 2022 Census counts to reflect differences in the definitions used for the armed forces in the census and the mid-year population estimates.</p> <p>Prisons population definition changed to align with Census definition to count those sentenced to twelve months or more as at 30 June.</p>
Mid-2021	<p>International migration estimates for the year ending June 2021 are using a different method to those previously published. They rely less on International Passenger Survey (IPS) data and make greater use of administrative data. This means that the latest figures on international migration may not be comparable with previous estimates produced from the IPS or more recently using some statistical modelling (for the year ending June 2020).</p> <p>The COVID-19 pandemic continued to impact data sources. People who moved before mid-2020 may have not registered a change of address with their GP until the roll out of the vaccine, which began in Scotland in December 2020. NRS did not make any adjustments to the established method to estimate migration within Scotland and between Scotland and the rest of the UK, which is based on GP registration data.</p> <p>Detailed data on asylum seekers and refugees by age and sex were no longer available, so 2021 totals were distributed by age and sex using proportions from 2019.</p>
Mid-2020	<p>The COVID-19 pandemic impacted on availability of data sources. In particular:</p> <ul style="list-style-type: none"> • International migration was previously estimated using the International Passenger Survey (IPS) as the main source of data for measuring Long Term International Migration (LTIM) at Scotland level. However, in March 2020 the IPS was suspended due to the COVID-19 pandemic. Alternative data sources were used to estimate international migration between March and June 2020. • Migration within Scotland and between Scotland and the rest of the UK is estimated based on GP registration data. During the pandemic, many people may have moved address without registering a change of address with their GP. NRS did not make any adjustments to the established methods of these types of migration.

	<ul style="list-style-type: none"> Registration offices were closed to the registration of births between March and late June 2020. Most of the postponed registrations were resolved and captured when the data was extracted. While there may still be a very small number of birth registrations outstanding, the impact on these statistics will be minimal.
Mid-2019	A boundary change between Glasgow City and North Lanarkshire came into effect. Residents in the affected postcodes were estimated and included in the internal migration estimates between Glasgow City and North Lanarkshire, hence the migration estimates included approximately 400 additional moves. The same process was applied to Greater Glasgow and Clyde and Lanarkshire health board areas.
Mid-2017	<p>Method for including refugees updated, using Home Office data on refugees by age, sex and location.</p> <p>Age-sex distribution method for international migrants, introduced in 2011, updated.</p> <p>Direct Armed Forces admin data is used for the first time.</p>
Mid-2016	<p>Refugees included in the migration estimates for the first time.</p> <p>The lag assumed for registering with a GP for estimating migration using the Community Health Index (CHI) was made consistent with the two-month lag assumed using the National Health Service Central Register (NHSCR). Previously a three month lag was assumed using the CHI.</p>
Mid-2015	An improvement was made to the estimates for internal migration within the UK. This change in method affected internal migration within Scotland and flows between Scotland and the rest of the UK.
Mid-2011	A sex-ratio adjustment has been introduced since 2011 which increases the number of male migrants at young adult ages where there is a large majority of women seen in the NHSCR data.

Summary of the cohort component method

The cohort component method can be summarised as follows:

- Take the previous mid-year resident population and age-on by one year.
- Then estimate the population change between 1 July and 30 June by:

- adding births occurring during the year;
- removing deaths occurring during the year;
- allowing for migration to and from the area.

Adjustments are also made for some special population groups that are not captured by the internal or international migration estimates: members of the armed forces and prisoners. These populations have specific age structures, which remain fairly constant over time. Therefore, these groups are not aged-on with the rest of the population. Such populations are referred to as 'static populations'.

Rounding

At the end of the process for producing the estimates, the total number of people are rounded to the nearest 100 at Scotland level. The council level estimates are then rounded to the nearest 10.

During the process, the international migration estimates that are received from ONS are rounded to the nearest 100 for both in and out flows.

Quality assuring the data

When the Population and Migration Statistics team within NRS receives data for the various components, checks are carried out and comparisons made with previous years' data to gauge consistency and completeness of coverage. The data are then processed electronically to produce the mid-year estimates. Quality assurance takes place at each stage of this process. This may include calculation of demographic rates and ratios to help check the plausibility of the data.

NRS also have processes in place to check the suitability of the administrative sources used in producing population estimates. Reports are available on the NRS website providing information on [the quality assurance arrangements for administrative data](#) used in population estimates, along with information on the suitability of each data source used in the production of the population estimates.

The order of production

Population estimates for Scotland, council and NHS Board areas are produced first. Estimates for small areas (data zones) are produced in the same way and constrained to the council area estimates. Following the 2022 Census, the data zone boundaries will be redrawn following user consultation. Like 2001 and 2011, 2022 Data Zones will be designed to nest into council areas. Since August 2015, the data zone level population estimates are aggregated to various geographies e.g. urban and rural populations or feed into the calculation of settlement and locality population estimates on a 'best-fit' basis. Production of 2022 Data Zone level population estimates will commence following the completion on the 2022 Data Zone consultation process.

Overview of the method

The following figure shows how the population estimates for Scotland and its council and NHS Board areas are produced in a standard year. All these processes are carried out by single year of age and sex up to age 89. Those aged 90 and over are processed as a single group.

The first main stage is the ageing on by one year of the previous year's resident population. Before ageing on can be carried out however, all armed forces stationed in Scotland and detained prisoners in the previous year are removed from the resident population

Following ageing on, the main components of change – births, deaths and net migration are applied. Both migration to and from England & Wales, Northern Ireland and migration to and from outwith the UK must be taken into account. The prison and armed forces populations for the new reference date are then added and a small adjustment is made for changes in the prison population and moves to and from the armed forces. Having applied these components, and rounded the resulting estimates, the final result is the population for Scotland, its council areas and NHS Board areas split by sex and single year of age to 89 then the 90+.

$$\begin{array}{r}
\textbf{The previous year's population} \\
- \\
\text{The previous year's armed forces stationed in Scotland} \\
- \\
\text{The previous year's prison population} \\
\longrightarrow \\
\textbf{Age-on the population by one year} \\
+ \\
\textbf{Births} \\
- \\
\textbf{Deaths} \\
+ \\
\textbf{Net migration*} \\
+/- \\
\text{Net moves into and out of the Armed Forces**} \\
+ \\
\text{The current year's armed forces stationed in Scotland} \\
+ \\
\text{The current year's prison population} \\
+/- \\
\text{An adjustment for changes in prison population} \\
= \\
\textbf{Estimated population for current year}
\end{array}$$

* Net migration includes in-migrants and out-migrants from England & Wales, Northern Ireland and overseas, including estimates of asylum seekers. For Council and NHS Board areas this also includes moves within Scotland.

**Movements to and from the armed forces (including dependents) are processed with, and previously were included under, net migration.

Births data

Data on births are obtained from the compulsory civil registration system administered by NRS and the Local Registration Offices. The Population and Migration Statistics team is supplied with data on live births by sex for the period from 1 July of the previous year to 30 June of the current year. Because registration of a birth may legally take place up to 21 days after the birth, the data received refer to the date of birth rather than the date of registration. Births are added to the population at age zero and are allocated to the area of usual residence of the mother.

Deaths data

As for births, data for deaths are obtained from the compulsory civil registration system. The Population and Migration Statistics team is supplied with data on deaths by age and sex for the period from 1 July of the previous year to 30 June of the current year. Data refer to the date of death rather than the date that the death was registered. Deaths are subtracted from the mid-year population by age and sex at the area of usual residence of the deceased. In order for this to work correctly, the age at death is calculated to be the age that the deceased person would have been on 30 June (this calculation is carried out by the NRS Vital Events team). No adjustments are made for non-resident deaths.

Migration

Migration is the most difficult component of population change to estimate, as there is no comprehensive system which registers migration in the UK, either moves to or from the rest of the world, or moves within the UK. Estimates of migration therefore have to be based on the best proxy data that exist.

In 2023, the key sources of migration data were:

- The National Health Service Central Register (NHSCR) is used to calculate moves between NHS Board areas within the UK. It is also used to distribute estimates of international migration to NHS Board areas in Scotland.
- Community Health Index (CHI) is used to estimate migration at Council area and below.
- Other administrative data provide information on moves into and out of Scotland with an origin or destination of outside the UK.

More information on how migration is calculated can be found in [section 3](#).

Armed forces

The Armed Forces population used in the mid-year estimates is based on armed forces personnel recorded in the census.

Census estimates for local areas were adjusted to take into account differences in where armed forces personnel were instructed to complete their census forms and the standard definition of 'usual residence' in the mid-year estimates.

To update the population each year, administrative data from Defence Statistics (part of the Ministry of Defence) are used to estimate numbers residing in each council and NHS Board area.

Until mid-2016 the age-sex distribution was based on data from the 2011 Census. However, from mid-2017 data by single year of age and sex is now sent to NRS by Defence Statistics.

Changes in the armed forces populations from the Defence Statistics data as at Census Day were calculated by single year of age and sex for each council area. The changes are then applied to the armed forces data derived from the census. This is done rather than using the new data from Defence Statistics directly due to the differences between the armed forces captured by the census and administrative estimates.

Prisoners

Information on those sentenced to twelve months or more at 30 June by age, sex and establishment is obtained from the Scottish Government prison statistics. This group of prisoners are considered to be 'usually resident' in the area where the prison is located. Prisoners with shorter sentences are assumed to be 'usually resident' at their home address.

At the beginning of the mid-year processing, the prison population of the previous year is removed from the previous year's population. After ageing on the general population and adjusting for births, deaths and migration, the prison population for the current year is added to the population.

Following this, an adjustment is made to account for any changes in the prison population. For example, if the prison population increased by 200 people in the year, the national population would be adjusted downwards by the same amount. This prevents double counting of prisoners.

3. Detail on the methodology for estimating migration

Internal migration within the UK

The NHSCR system records the movements of patients between NHS Board areas in Scotland, whereas the movements for patients in England and Wales are recorded in the Personal Demographic Service (PDS). The PDS holds the master demographics database for the NHS in England and Wales. Each time a patient transfers to a new NHS doctor in a different NHS Board area, the NHSCR and PDS are notified and then the patient is considered to have made a migrant move. Counts of these re-registrations are used as a proxy indicator for moves between Scotland and the rest of the UK.

The CHI holds records of people registered with an NHS doctor in Scotland. Unlike the NHSCR, these records contain the postcode of the patient's address. Postcode data is shared by Public Health Scotland (PHS) with NRS NHSCR. Under the agreement, NHSCR staff holds copies of the CHI Postcode alongside the actual NHSCR which they may use in a limited way, for example to help trace patients for NHS Health Board postings. Counts of new postcode records from the anonymised NHSCR and linked CHI postcode extract are used as a proxy indicator for moves within Scotland at NHS Board area level.

Further to this, NRS also receive a separate annual snapshot of CHI data including postcode as well as other data not linked to NHSCR directly from Public Health Scotland, which enables migration to be estimated for council areas, and for smaller areas. The

approach used for estimating council area migration involves matching CHI patient records extracted from a database which reflects the 'live' CHI system on two occasions one year apart.

Previously, the two extracts from the 'live' CHI system that were used to estimate migration were at 30 September each year (e.g. for the mid-2015 estimate CHI extracts from 30 September 2014 and 30 September 2015 were used). However, for the mid-2016 population estimates onwards, the method has been improved by using CHI extracts at 31 August (31 August 2015 and 31 August 2016).

Using the September CHI extracts, the lag that was assumed for a person registering with a General Practitioner (GP) following a move was three months. People who registered with a GP up to 30 September were counted as moving in the year to 30 June. For example, council area migration for the mid-2015 estimate was based on GP registrations that occurred from 1 August 2014 to 30 September 2015. However, the lag was changed to two months from the mid-2016 estimates onwards, with the change to August CHI extracts and is now consistent with the lag that is assumed for the NHSCR for health board level moves.

From mid-2015 onwards, an improved method for estimating internal migration within the UK has been introduced. A direct extract of anonymised records from the NHS Central Register (NHSCR) to calculate the migration at health board level is now used. This improvement, the first stage of further planned improvements, has been accelerated due to the implementation of the April 2014 NHS Board area boundary changes on the NHSCR system. Internal migration information for the 2014 mid-year population estimates was not affected by changes in Board area boundaries. Information about the impact of the boundary changes compared with our previous migration data source is contained in Annex A of Paper 4 PAMS (14) 16 from the November 2014 meeting of the [Population and Migration Statistics Committee \(PAMS\)](#). The improvements made to the methodology, the data source from NHSCR and the impacts of these changes are detailed in Paper 10 PAMS (15) 10 from the May 2015 meeting of the [Population and Migration Statistics Committee \(PAMS\)](#), available on the NRS website.

Until 2016, NHS patient movements in England and Wales were recorded in the NHSCR, however this system was switched off in February 2016. Since that time the PDS holds the master demographic database for the NHS England and Wales. The PDS data is supplied to ONS and postcode changes are seen as representing moves of address. More information is available in the [Population estimates for the UK: methods guide](#) on the ONS website.

International migration

An international migrant is defined by the United Nations as someone who changes country of residence for 12 months or more. There is no single system in place to measure all movements of people into and out of the UK or to determine if they meet the definition of a long-term migrant. Therefore, it is necessary to use a combination of data from different sources that have different characteristics and attributes, in order to produce estimates of international migration. While offering a useful source of data, none of the data sources used are specifically designed to capture information solely on international migration. The different methods are detailed below.

International migration: Pre mid-2020 estimates

Prior to mid-2020, NRS used the Long-Term International Migration (LTIM) estimates produced by the Office for National Statistics (ONS) for the national estimates of international migration to and from Scotland.

Three sources of data were used by ONS to compile the LTIM estimates:

- International Passenger Survey (IPS);
- Information held by the Home Office; and
- Labour Force Survey (LFS).

The IPS is a continuous sample survey conducted by ONS at the principal air, sea and Channel Tunnel routes between the UK and countries outside the British Isles. It has been the prime source of migration data to and from the UK, providing estimates of both inflows and outflows, but does not cover all migration types. The Home Office provides data on refugees and on asylum seekers and their dependants, and the LFS collects information on where international migrants live based on their recorded work address.

Given that the IPS collects information on the intentions of potential migrants, which may or may not be realised, an adjustment was made to the IPS data for visitor switchers (people who say they are staying for less than 12 months but in fact stay more) and migrant switchers (people who say they are staying for longer than 12 months but in fact stay for less).

The IPS provides an estimate of international migrants into the United Kingdom. The allocation of these migrants to Scotland was based on the LFS. The LFS provides more reliable data on the geographical distribution of immigrants than the destination provided in the IPS as it is based on where migrants actually live rather than on their initial intentions. The outflow of international migrants from Scotland was based directly on the IPS data.

More information on the LTIM method including the quality of the IPS can be found in the [International Migration](#) Methodology section of the ONS website.

Mid-2020 estimates: Impact of COVID-19

In March 2020, the IPS was suspended due to the COVID-19 pandemic. The Office for National Statistics led research into alternative data sources including [using statistical modelling to estimate UK international migration](#) over this period. For the year ending June 2020, international migration for Scotland was estimated by the following:

- **July 2019 to February 2020:** Estimate migration flows based on the established method using IPS data. Migrant and visitor switcher data was only included for July to December 2019.
- **March to June 2020:** Migration flows estimated based on the Scottish proportion of UK [modelled migration](#). The Scottish proportion of the modelled migration was based on the Scottish proportion of IPS flows from July 2019 to March 2020.
- **Year to June 2020:** Include data on asylum seekers and refugees for the full year.

Mid-2021, 2022 and 2023 estimates

It has long been acknowledged that the IPS, which underpins previous estimates of international migration, had been stretched beyond its original purpose. In response to the IPS being suspended due to COVID-19, ONS accelerated their approach for transforming migration statistics. The latest figures are therefore produced using the new method that relies less on IPS data and statistical modelling, and makes greater use of administrative data. **Because of this change in method, the latest figures on international migration may not be comparable with previous estimates.**

The latest estimates use different data sources and methods for each nationality grouping:

- **Non-EU nationals:** Estimates are based on the Home Office Borders and Immigration data, which combine visa and travel information, to link an individual's travel movements into and out of the country. For more information, please see the [Home Office statistics on exit checks: user guide](#).
- **EU nationals:** Estimates are largely based on administrative data using the Registration and Population Interaction Database (RAPID). Some adjustments are made using the IPS.
- **British nationals:** IPS data are still the main source of information. The IPS was reinstated in January 2021 and was therefore used for estimates for January 2021 onward.

Going forward, the revision of long-term international migration statistics will be an important part of the production of these estimates. Provisional estimates are released with the expectation they may be revised as more complete data become available.

The [latest provisional UK-level long-term international migration](#) figures can be found on the ONS website, this covers revised estimates for Mid-year 2012 up to June 2023. [More information about how the latest figures are produced can also be accessed on the ONS website](#).

Distribution of international migrants to and from Scotland

Prior to the mid-2022 population estimates, international migration flows between Scotland and any country outside of the UK were allocated to each NHS Board area and given an assumed age and sex distribution using proportions recorded on the NHS Central Register (NHSCR). These proportions were applied to the total international migration flows for Scotland.

For the mid-2023 population estimates, the age, council area, and sex distribution was based on the international migration data received from ONS (described above).

Asylum seekers

Both inward and outward asylum seekers are included in the LTIM estimate (outward asylum seekers are people who arrive looking for asylum but for one reason or another don't stay).

As of 2022 onward, the estimated sub-national distribution of asylum seeker is included in the LTIM estimate, and is now fully based on administrative data.

Before 2021, the age/sex distribution of in-migrating and out-migrating asylum seekers was derived from the UK level distribution provided by the ONS and information from the Home Office. This was no longer directly available in 2021, and so asylum seeker counts were estimated using a combination of 2021 data and 2019 data.

For the 2021 mid-year estimates, the total count of asylum seekers was estimated by taking the proportion of asylum seekers for Scotland to those in the UK for 2019, and multiplying this by the total UK asylum seekers. The age and sex distribution of these were based on the given proportions of age groups by sex from UK asylum data, with the figures for single year of age based on the proportions within each age group and sex in Scotland in 2019.

Refugees

Estimates of refugees resettled under Home Office Resettlement Schemes are now fully included in the main LTIM estimates. Figures, both at a Scotland and sub-national level, are now fully based on administrative data.

Prior to 2022, NRS received Home Office administrative data for refugees by age and sex. For refugees, supported under the Syrian Vulnerable Persons Relocation Scheme (SVPRS) additional council breakdowns were also included. It was assumed that Scotland receives the same share of non-SVPRS refugees as SVPRS refugees. This share was then used to select a random sample of the non-SVPRS refugees by single year of age and sex. The distribution of SVPRS refugees to council areas in Scotland was then used to distribute this sample to council areas across Scotland. Council areas thus received the same proportion of SVPRS and non-SVPRS refugees.

4. Future developments

The methodology used in the mid-year estimates changes as different methods and data sources become available to NRS. Any improvements to the data sources and methodology of these statistics are discussed and assessed with the [Population and Migration Statistics Committee \(Scotland\)](#).

Transformation of population and migration statistics

NRS are working with the Office for National Statistics, and other Government Statistical Service partners, as part of the [transformation programme](#) to improve population and migration statistics.

NRS administrative data based population and household estimates project

One goal of the census programme is to make recommendations for future censuses. This is supported by NRS' Future of Population Statistics project. An aim of the project is to investigate administrative data collected by public bodies and services, which could be used to augment, complement or replace NRS' data collected by a traditional census. The most recent sets of [administrative data based population estimates for 2016 to 2018](#) were

published by NRS in August 2023. These are not Official Statistics – they have been created to allow a discussion with users about the use of administrative data within the field of demographic statistics.

Improving the use of the NHSCR

NRS are continuing to review the process for estimating migration flows within Scotland and from the rest of the UK using a direct extract of anonymised records from the NHS Central Register (NHSCR). This should result in more accurate migration data at council and small area level.

New sources of data

NRS are exploring the feasibility of using data from the Higher Education Statistics Agency (HESA) to improve estimates of student migration.

5. Notes on statistical publications

Accredited Official Statistics

The United Kingdom Statistics Authority (UKSA) has designated these statistics as Accredited Official Statistics, in line with the Statistics and Registration Service Act 2007 and signifying compliance with the Code of Practice for Official Statistics (available on the [UKSA](#) website).

Accredited Official Statistics status means that official statistics meet the highest standards of trustworthiness, quality and public value.

All official statistics should comply with all aspects of the Code of Practice for Official Statistics. They are awarded Accredited Official Statistics status following an assessment by the Authority's regulatory arm. The Authority considers whether the statistics meet the highest standards of Code compliance, including the value they add to public decisions and debate.

It is National Records of Scotland's responsibility to maintain compliance with the standards expected of Accredited Official Statistics. If we become concerned about whether these statistics are still meeting the appropriate standards, we will discuss any concerns with the Authority promptly. Accredited Official Statistics status can be removed at any point when the highest standards are not maintained, and reinstated when standards are restored.

Information on background and source data

Further details on data source(s), timeframe of data and timeliness, continuity of data, accuracy, etc. can be found in the [metadata](#) that is published alongside this publication on the NRS website.

National Records of Scotland

We, the National Records of Scotland, are a non-ministerial department of the devolved Scottish Administration. Our aim is to provide relevant and reliable information, analysis and advice that meets the needs of government, business and the people of Scotland. We do this as follows:

Preserving the past – We look after Scotland's national archives so that they are available for current and future generations, and we make available important information for family history.

Recording the present – At our network of local offices, we register births, marriages, civil partnerships, deaths, divorces and adoptions in Scotland.

Informing the future – We are responsible for the Census of Population in Scotland which we use, with other sources of information, to produce statistics on the population and households.

You can get other detailed statistics that we have produced from the [Statistics](#) section of our website. Scottish Census statistics are available on the [Scotland's Census](#) website.

We also provide information about [future publications](#) on our website. If you would like us to tell you about future statistical publications, you can register your interest on the Scottish Government [ScotStat website](#).

You can also follow us on social media [@NatRecordsScot](#)

Enquiries and suggestions

Please contact our Statistics Customer Services if you need any further information.

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